

FEBRUARY 2026

## Central Office of Mid-Missouri **Newsletter**

### Hours

Mon. & Wed. 4:30pm-6:30pm  
Saturday of COMM meeting 11am-1pm

### Contact

P.O. Box 30081, Columbia, MO  
Website: [aacomm.org](http://aacomm.org)  
Email: [centraloffice6@gmail.com](mailto:centraloffice6@gmail.com)

### Office

ODAAT Oasis  
1206 Business Loop 70 E, Suite C,  
Columbia, MO 65202

### THE SECOND MONTH

#### **Step 2**

Came to believe that a Power greater than ourselves could restore us to sanity.

#### **Tradition 2**

For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

#### **Concept 2**

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

### GROUP & MEETING ANNOUNCEMENTS

All Meetings at the **MO United Methodist Church** in Columbia—Use the side door entrance off Elm St.

**Gratitude Group**—Saturday 11am-12pm meeting has professional child care every week with no charge.

### DECEMBER CONTRIBUTIONS

Daily Reprieve Group, Growth Group, Sisters of Sobriety, & Individuals

*Thank you for your support!*

### DECEMBER SOBRIETY BIRTHDAYS

Joe J. 1y | Jesse H. 1y | Mike 2y | Greg B. 3y | Rachel B. 5y | Jes W. 6y | Matt R. 8y | Maria 15y | Renee G. 16y

*Email birthdays to [centraloffice6@gmail.com](mailto:centraloffice6@gmail.com)*

### DISTRICT MEETINGS

#### Eastern Area of MO

##### **District 9**

2nd Monday following Area Assembly at 7pm

Family Center (Blue Room), First United Methodist Church  
804 N. Main St., Rolla MO 65401

##### **District 11**

2nd Sunday at 4pm

Sunset Group, 5114 Bus. 50 West, Jefferson City, MO 65109

##### **District 12**

Last Wednesday at 7:30pm

Rockbridge Christian Church, 301 W Green Meadows Rd.

#### Western Area of MO

##### **District 4**

Check the calendar for time and location of the next District Meeting  
<https://wamo-aa.org/area-39/public-district-page/district-4/>

##### **District 8**

Check the calendar for time and location of the next District Meeting  
<https://wamo-aa.org/area-39/public-district-page/district-8/>

## UPCOMING EVENTS

### COMYPAA Pancake Breakfast

First Saturday of every month, 9am at the Barbershop  
1206 Pannell St, Columbia, MO

### LITERATURE PRICES INCREASING

Effective **February 1, 2026**, GSO is increasing literature prices:

Books: \$3 per item

Pamphlets: 15%

(Some exclusions apply)

COMM will honor the original prices while supplies last. Price increases at the local COMM office will take effect once existing inventory is sold out. This also applies to the BOM pricing.

## SERVICE OPPORTUNITIES

### Phoenix Programs

Consider attending the Phoenix meeting whenever you can, those in treatment need to hear your experience, strength and hope.

Meetings: Mondays & Fridays at 7pm

Contact: Ashley T. (845) 325-3348

### Area 38 Corrections Committee

Female volunteers needed to serve as guest speakers\* or facilitate meetings\* on a rotating basis at Women's Eastern Area Correctional Center in Vandalia, MO.

Meetings: Sundays 8am & Tuesdays 6pm

Contact: Sandy H. (573) 289-6313

\*some requirements to serve

Volunteers needed from each district to serve as Prerelease Outside Contact. Write to a person in custody 3-6 months before they are released to your local AA community. Upon release, treat them as you would any newcomer.

A poster is available at the COMM office with a QR code to sign up.

## ATTENTION GROUPS

Please consider electing a Central Office Representative (COR) to represent your group at monthly COMM meetings and share information between your group and Central Office. Group participation strengthens unity and AA as a whole. Interested? Join us at the next COMM meeting.

COMM Meetings may now be attended via Zoom. Meeting ID: 444 331 6207  
Passcode: 2u69Ga

### NEXT COMM COMMITTEE MEETING

**February 21, 2026**

9-11am | ODAAT OASIS

1206 Business Loop 70W, Suite C  
Columbia, MO

### BOOK OF THE MONTH

**Twelve Steps and  
Twelve Traditions**

(ALL VERSIONS)

**BOM Price: SAVE \$2.00**

Orders accepted February 1-28, 2026. Home group orders contact Marie C.

([centraloffice6@gmail.com](mailto:centraloffice6@gmail.com))

Place individual orders at Central Office during office hours.